

Waking up tired?

A home sleep test might provide answers.



Accurate
results



No messy
wires



Done in
one night



Free post-test
consult



Talk to one of our pharmacists for this over
the counter test. No GP referral needed.



Pharmacy Sleep
CLINICS

Sleep Apnoea Risk Factors

High blood pressure

Type 2 diabetes

Obesity

Smoking & drinking

Menopause

Family history

Talk to one of our pharmacists about our over the counter testing options. No GP referral needed.



Pharmacy Sleep
CLINICS

What is sleep apnoea?

1

A sleep condition that affects your breathing

2

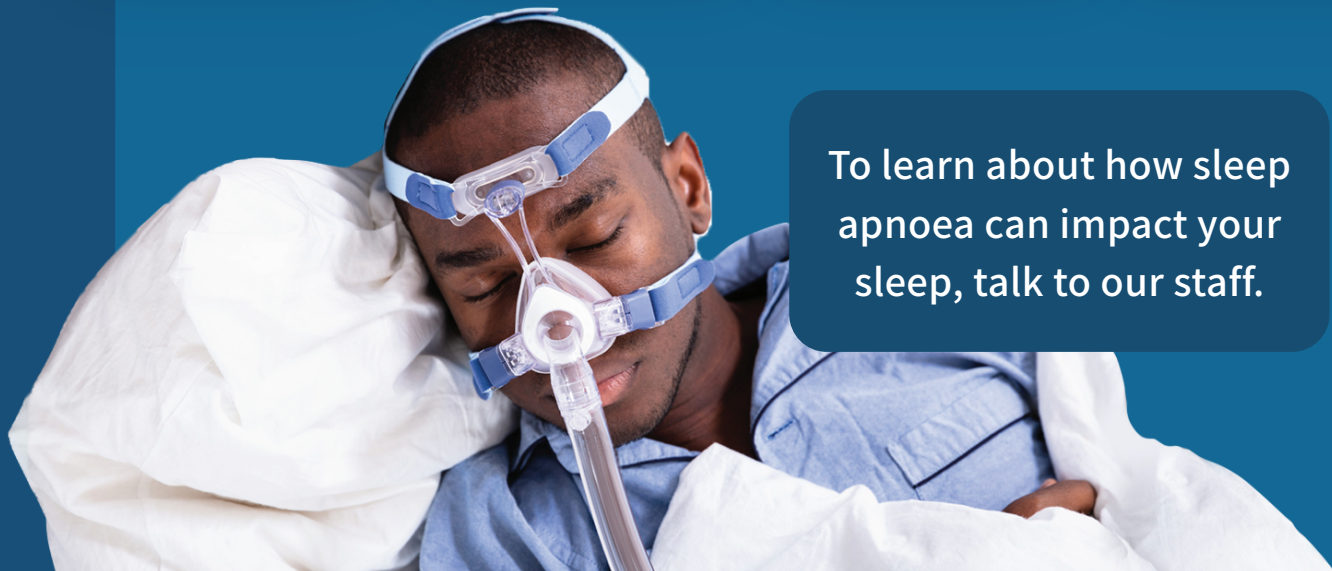
Airways collapse briefly while you are sleeping

3

Results in pauses in breathing of 10 seconds or more

4

Can wake you up, even if you don't recall it



To learn about how sleep apnoea can impact your sleep, talk to our staff.



Pharmacy Sleep
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Here are the facts.

People with sleep apnoea are:



more likely to get in a motor vehicle accident



more likely to have a work accident

Fatigue caused by sleep apnoea could put you in serious danger.

Speak to us about diagnosis and treatment today.



Pharmacy Sleep
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Simple to
use at home



No messy
wires



Easy to
use app



Medical
grade data

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Pharmacy Sleep
CLINICS