



ResMed

AirFit™ N30

Fitting guide for AirFit N30



- While holding the nasal cradle cushion away from the nose, make sure the cushion size (S, M or SW), and left (L) and right (R) indicators are facing towards you. Place the nasal cradle cushion under the nose.



- Pull the QuickFit™ headgear over the head by holding the bottom band and guiding it around the back of the head. The top band should sit comfortably on the crown of the head.



- Briefly pull the nasal cradle cushion away from the nose, and then place it back under the nose to ensure the cushion fits well.



- To achieve a comfortable fit, spread the split straps on the QuickFit headgear apart to loosen the mask or draw them closer together to tighten the mask.



- To fix a mask leak, adjust the QuickFit headgear by pulling it through the single side-clip. Adjust it just enough for a comfortable seal. Do not overtighten. You may need to adjust the headgear over time.



- The mask is now fitted and ready to use.



For users with long hair, we recommend feeding it through the back of the headgear. If tied in a ponytail, it should sit high enough to fit comfortably through the split strap on the headgear.

Refer to the user guide for further instructions and complete labeling information including indications, contraindications, warnings and precautions.

* As of October 2019. Based on available user guide data. The total weight of AirFit N30, which includes the headgear and excludes the packaging, is 45g.

† Statistically significant differences ($p < 0.05$) in median scores for average daily usage were found between the two masks.

∞ CPAP users rated subjective criteria for AirFit N30 on a Likert Scale of 0-10.

1 ResMed guided external clinical study of 27 experienced CPAP mask users from 30 August to 11 September, 2019 in Sydney, AU who trialled ResMed AirFit N30 and a competitor nasal mask at home for 7 nights. CPAP users rated subjective criteria for AirFit N30 and the competitor nasal mask on a Likert Scale of 0-10.

2 ResMed guided external clinical study of 17 evaluable CPAP mask users from 12–25 February, 2019 in Sydney, AU who trialled ResMed AirFit N30 at home for 7 nights in place of their prescribed mask, ResMed AirFit P10.

AirFit, QuickFit and QuieAir are trademarks and/or registered trademarks of the ResMed family of companies. For patent information, see ResMed.com/ip. Specifications may change without notice.

© 2019 ResMed Ltd. 10111638 2019-10

[ResMed.com/AirFitN30](https://www.resmed.com/AirFitN30)



Simplicity from the start

Introducing ResMed AirFit™ N30, the first nasal cradle mask in the market with front-end tubing and our lightest option yet.*

It's easy to use and well-balanced, with unique features designed to maximise comfort and performance while minimising facial contact. And because it's small, simple, and discreet, AirFit N30 aims to make staying on therapy easy.



[ResMed.com/AirFitN30](https://www.resmed.com/AirFitN30)

46 minutes more sleep

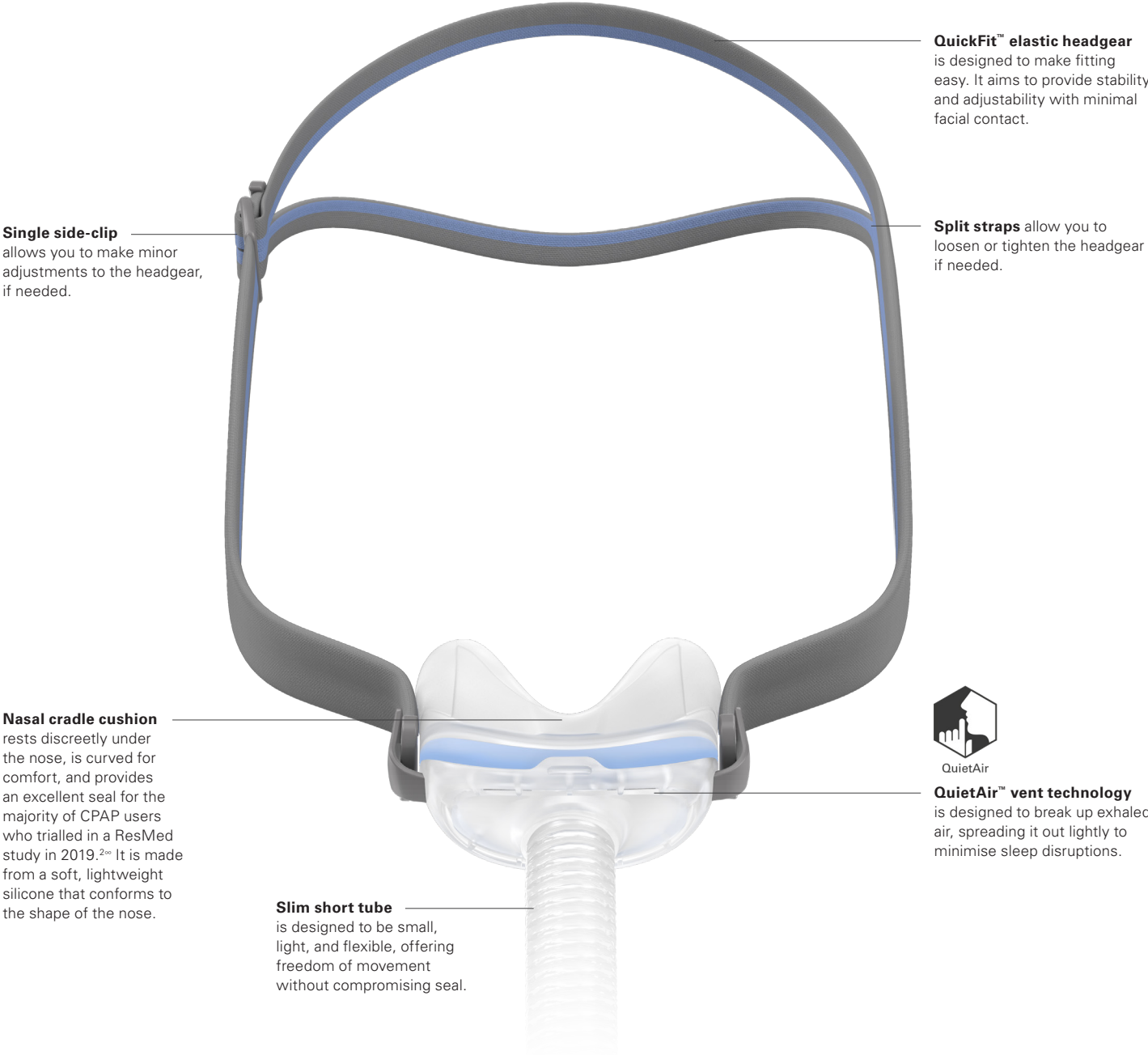
A ResMed study conducted in 2019 showed that on average, CPAP users slept 46 minutes longer each day with AirFit™ N30 compared to their current mask, AirFit P10.^{2†}



Patient adherence is key

AirFit N30 is a well-balanced mask that has been created to have it all – a unique combination of comfort, performance, and easy-to-use features packed into a simple and discreet minimalistic design.¹ And when paired with ResMed myAir™⁺, users can keep track of their therapy progress with a daily sleep score. With the right mask and engagement level, users may feel empowered to take charge of their therapy, which can help improve their therapy adherence.

AirFit N30 highlights



“It can’t get any easier than this.”²
- AirFit N30 study participant

Frame with QuietAir vent
64219

Cushion
64213 (S)
64214 (M)
64215 (SW)

Headgear
64216

Product codes

ANZ

AirFit N30 Starter Pack includes: frame, headgear, and cushions: S, M, SW

64206

AirFit™ N30

Nasal cradle mask